

# ELITE DANCE ACADEMY 2011-2012 FALL SCHEDULE

AUGUST 4, 2011 – JUNE 7, 2012

Private lessons are scheduled by appointment. Ballroom classes also available.

✓	<b>Monday</b>	<b>Studio A</b>	✓	<b>Monday</b>	<b>Studio B</b>
	5:30-6:15	Pre1A (3-4)		5:30-6:15	Pre1B (3.5-4.5 + 1yr exp)
	6:15-7:00	Level 2/3 Jazz		6:15-6:45	Pre-Tumbling
	7:00-7:45	Level 2/3 Tap		6:45-7:45	Level 1 Ballet/Tap Youth
	7:45-8:30	Adult Class		7:45-8:30	Tumbling I/II
	<b>Tuesday</b>			<b>Tuesday</b>	
	5:20-6:00	Tiny Tots		5:15-6:15	Level 1-B Ballet/Tap Youth
	6:00-6:30	Pre-Pointe		6:15-7:15	Int/Adv Ballet & Pointe
	6:30-7:30	Level 2 Ballet/Tap Youth		7:15-8:00	Int/Adv Jazz
	7:30-8:15	Beginner Ballet ages 9+		8:00-8:45	Int/Adv Tap
	<b>Wednesday</b>			<b>Wednesday</b>	
	5:30-6:15	Pre2 (4-5)		5:30-6:15	Baton I/II 6wks each ages 5-8
	6:15-7:00	Level 1/2 Jazz-Funk Youth		6:15-7:00	Baton I/II 6wks each ages 9+
	<b>Thursday</b>			<b>Thursday</b>	
	5:00-5:30	Stretch/Strengthening		5:00-5:30	Team Practice slot TBA
	5:30-6:15	Level 2/3 Ballet/Lyrical		5:30-6:15	Sr Hip Hop (10+ or approval)
	6:15-7:00	Jr Hip Hop (age 6-9)		6:15-7:00	Int/Adv Lyrical
	7:00-8:00	Beginner Jazz/Tap ages 9+		7:00-7:45	Leaps/Turns (Lev 2+ or team)
	8:00-8:30	Team Practice slot TBA		7:45-8:15	Team Practice slot TBA

## ***Class Descriptions & Age requirements:***

*Tiny Tots: Ages 2.5-3.5 Introduction to dance through Ballet and Tap technique appropriate for the youngest student. Emphasis on coordination, proper body position, and fun as we dance to the music!*

*Pre1A: Ages 3.0-4.0 Introduction to dance through Ballet and Tap technique appropriate to this age group. Ballet positions and beginning technique is taught with proper French terminology. Tap rhythm and beginning steps are taught. Emphasis on coordination, body position, stretching, and floorwork.*

*Pre1B: Ages 3.5-4.5 + 1 yr experience Ballet and Tap technique is taught using proper French terminology and body placement for the young dancer. Instruction in center work, across the floor, allegro, and adagio.*

*Pre2: Ages 4.0-5.0 Ballet and Tap technique is taught using proper French terminology and body positions. Emphasis on stretching, coordination, correct placement, center, and floorwork. Progress into more detailed dance steps at a faster pace than earlier preschool levels.*

*Level 1 Ballet/Tap Youth: Ages 5.0 and 1 yr exp or age 6.0-8.5 Classic ballet technique with emphasis on proper French terminology, adagio (slow), and allegro (fast) steps and combinations. Stretching, turns, leaps, proper body positions and placement is emphasized. Basic tap fundamentals are taught with emphasis on footwork and musicality.*

*Level 1-2 Jazz-Funk: Ages 5.0 and 1 yr exp or age 6.0-8.5 Jazz technique and coordination is taught using center work and across the floor (turns/leaps). Funk introduces the use of street-style jazz and hip hop.*

*Level 2 Ballet/Tap Youth: by approval only and min. 1 yr experience (ages 6-8)*

*Level 2/3: by approval only (average 3 yrs experience+)*

*Int/Adv: by approval only*

*Leaps/turns: Levels 2 – Advanced Full range of turns and leaps are executed in the styles of Ballet & Jazz*

*Pre-tumbling: Ages 3.5-6 Rolls, Headstands, Handstands, Backbends, Cartwheels, etc.!*

*Tumbling 1-2: Ages 6+ must be able to properly execute cartwheels to enroll in this level. Walkovers, Handsprings, Aerials, & more!*

*Baton: Level 1: August 10-September 14; Level 2: September 21-October 26*

*Ballet: Classical Ballet Technique using French terminology with instruction in barre, centre, allegro, and adagio.*

*Jazz: Various styles of Jazz are taught including Fosse/Broadway, Swing, and Jazz/Funk. Leaps, turns, centre work, strength, and flexibility are emphasized.*

*Tap: Technique combining centre work, traveling steps/turns, tricks, rhythms, and synchopation are used. Various tap styles are utilized including Broadway/Classic tap, huffing, and occasionally clogging.*

*Hip Hop: Street styles are taught using various methods depending on the instructor's preference. Some basic breakdancing/tricks are taught.*

*Stretch/Strengthening: Flexibility and Strength training to enhance the student's ability to execute advanced dance technique.*

